



FIRST LUTHERAN CHURCH

VANCOUVER, BC | EVANGELICAL LUTHERAN CHURCH IN CANADA



FOURTH SUNDAY AFTER EPIPHANY JANUARY 29, 2012

WELCOME TO
FIRST LUTHERAN CHURCH
FOUNDED 1890

FOURTH SUNDAY AFTER EPIPHANY
JANUARY 29, 2012

Those Serving the Servants Today

First Lutheran is a community, a gathering of people of diverse ages, cultures and traditions.

Just as Jesus opened himself to all and, by implication, opened the reign of God to all, so we, the members of First Lutheran seek to do the same.

Therefore, all are welcome here regardless of their race, gender or sexual orientation; regardless of their social, economic, educational, linguistic or relationship status; regardless of their citizenship, religious or cultural background or makeup of their family; and regardless of their physical, mental, emotional or spiritual condition. There is a place for you in our community worship, service and life.

To our Visitors: You are invited to sign our guest book in the Narthex (lobby) and join us for coffee and conversation downstairs after worship.

First Lutheran is easily accessible via major city routes - 41st Avenue and Kingsway – and Bus #41 runs west from the Joyce Street Skytrain station. Ample parking is available in a lot just west of the church and on the church side of the two streets--Wales Street and 42nd Avenue. The wheelchair entrance is also the office entrance on 42nd Avenue.

For your convenience, there is an elevator in the southwest corner of the building, fully accessible washrooms on the main floor in the northwest corner and two washrooms down the stairs at the east end of the lower level. A childcare play area is on the lower level.

The present building, erected in 1957, is the third in our history. Founded by Scandinavian fishermen, *First Lutheran* is tied closely to the history of Vancouver. Our logo reflects our ethnic and Christian roots, our West Coast location as well as the varied races and cultures which enrich our life and ministry together.

<i>Presider/Homilist</i>	Pr. Vida Jaugelis
<i>Assisting Minister</i>	Russell Collins
<i>Lector</i>	Julie Bauming
<i>Acolytes</i>	Dini McIver Nicole Weger
<i>Ministry of Music</i>	
<i>Organ/Piano</i>	Jeanette Price
<i>Cantor</i>	Arvid Vimb
<i>Flutists</i>	Amy Collins Anne Johnson Bruce McIver
<i>Guitarist/Violinist</i>	
<i>Gift Bearers</i>	Dennis Reid Doreen Reid
<i>Communion Servers</i>	Julie Bauming Karen Duddy Christine Neumann Ernie Neumann
<i>Coffee Hour Hosts</i>	Karen Kerfoot Melody Tymm Ingrid Corson Ruby Corson
<i>Altar Guild</i>	June Schramm Caroline Weger Nicole Weger
<i>Offering Counters</i>	Ernie Neumann

If you would like to serve God and our community by assisting in our Sunday worship, please contact Iris Kong, our office administrator, at 604.435.6020. If you would like to help with Coffee Hour, please call Julie Bauming at 604 986-5389.



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Now concerning food sacrificed to idols: we know that "all of us possess knowledge." Knowledge puffs up, but love builds up. ²Anyone who claims to know something does not yet have the necessary knowledge; ³but anyone who loves God is known by him.

⁴Hence, as to the eating of food offered to idols, we know that "no idol in the world really exists," and that "there is no God but one." ⁵Indeed, even though there may be so-called gods in heaven or on earth — as in fact there are many gods and many lords — ⁶yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

⁷It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. ⁸Food will not bring us close to God. We are no worse off if we do not eat, and no better off if we do. ⁹But take care that this liberty of yours does not somehow become a stumbling block to the weak. ¹⁰For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? ¹¹So by your knowledge those weak believers for whom Christ died are destroyed. ¹²But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. ¹³Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

Response after the reading: **Thanks be to God.**

GOSPEL ACCLAMATION (*sing alleluia verse before and after the reading*) p. 188

GOSPEL: Mark 1:21–28

The story has barely begun, and already the battle is joined. Jesus sides with humanity against every force that would bring death and disease. These forces recognize Jesus and know what his power means for them. This, however, is only the first fight. The war will go on much longer.

Response after announcement: **Glory to you, O God.**

²¹They went to Capernaum; and when the sabbath came, he entered the synagogue and taught. ²²They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. ²³Just then there was in their synagogue a man with an unclean spirit, ²⁴and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." ²⁵But Jesus rebuked him, saying, "Be silent, and come out of him!" ²⁶And the unclean spirit, convulsing him and crying with a loud voice, came out of him. ²⁷They were all amazed, and they kept on asking one another, "What is this? A new teaching — with authority! He commands even the unclean spirits, and they obey him." ²⁸At once his fame began to spread throughout the surrounding region of Galilee.

Response to conclusion: **Praise to you, O Christ.**

HOMILY (*Silence for reflection follows*)

HYMN OF THE DAY **# 581 "You Are Mine"**

THE PRAYERS OF THE FAITHFUL

Each portion of the prayers ends with these words: "Hear us, O God. Your mercy is great."

SHARING OF THE PEACE

OFFERING/OFFERTORY *Didn't My Lord Deliver Daniel?* Mark Hayes

OFFERTORY PRAYER (*All rise*)

MEAL

GREAT THANKSGIVING p.190

"HOLY, HOLY, HOLY"

PRAYER OF THANKSGIVING (*Prayer over the gifts*)

THE LORD'S PRAYER

"LAMB OF GOD" p.191

FRACTION (*as the bread is broken*)

The gifts of God for the people of God. Thanks be to God.



It is Christ himself who invites all the baptized members of God's family —and all our guests—to come to his table where he gives his body and blood, along with the gifts of forgiveness, life and salvation under the forms of bread and wine. After receiving the bread into the open, upraised palm, all may drink from the first (common) cup or, if desired, have an individual glass filled from the second (pouring) cup.

MUSIC DURING COMMUNION **# 614 "There Is a Balm in Gilead"**
Jesus, Grant Me This I Pray Orlando Gibbons

PRAYER AFTER COMMUNION (*All rise*)

SENDING

BLESSING

SENDING HYMN **# 720 "We Are Called"**

DISMISSAL

Go in peace. Share the good news. **Thanks be to God.**

POSTLUDE *Holy God We Praise Your Name* Robert Hobby

Announcements

This Week

Thursday
Choir, 7:30 pm

Next Sunday
Sunday School, 9:45 am
Epiphany V, 10:30 am

On Sunday, January 15, at a specially-called meeting of the congregation, voting members present at the meeting voted unanimously to approve the sending of a call to Ms Lori-Anne Boutin to become co-pastor of First Lutheran. The documents, approved and signed by Bishop Greg Mohr, were mailed to Lori-Anne shortly after. Last Sunday, Lori-Anne called the council chairperson to say she would be happy to accept the call as co-pastor. Lori-Anne will now continue with her plans for her ordination on the third weekend in February. She will then be able to come to Vancouver and join us at First Lutheran.

Our thanks to Pr. Vida Jaugelis for leading our worship today while Pr. Hergy continues to recover from his eye surgery. And our congratulations to Pr. Vida Jaugelis on the recent arrival of her grandchild, Kristofer Fox Turcios-Jaugelis. Pr. Vida presently serves hospitals and care homes as a chaplain to patients and staff. We are fortunate, indeed, to have clergy of such high calibre available to preside and preach. If there are any pastoral emergencies, please contact Pr. Adolf Manz by phone at 604-327-3764 or by email at adolfmanz@shaw.ca until Pr. Hergy returns on February 6.

You are cordially invited to the Installation of

Rev. Fleming Blishen

Saturday February 4, 2012 at 11:00 a.m.
Officiated by
Rev. Stephan Wagner

Our Saviour's Lutheran Church
3590 Dufferin Avenue
Prince George, BC
Phone: (250) 564-4336

Potluck Lunch to follow.

Clergy are invited to vest.
The liturgical colour is green.

Annual General Meeting
Friday February 10th, 2012
Potluck Meal--begins at 6:15 pm
Business Meeting--begins at 7:00 pm

This Sunday and next, we'll have a **sign-up sheet** in the narthex. Please let us know if you're planning to attend the AGM. We'd also like you to indicate what you're able to contribute to our Potluck Meal--e.g. main course / salad / dessert / drinks etc. We need some people to volunteer to assist with setting up tables and chairs before the meeting as well as another team of people to assist with the clean-up at the end of the evening. We'd appreciate it if you could help us with our planning for this important event. Thank You.

Julie Bauming
Karen Kerfoot
Ingrid Bielenberg
The Fellowship & Hospitality
Committee

The photo board will be updated soon. If you wish to post a new picture or to add your photo to the board, please put a copy in June Schramm's mailslot (#116), or email it to her, or ask her to take a picture of you when you are in church. If you'd like your picture to be returned, please indicate so on the back of it.



**Canadian Lutheran
World Relief**

You are cordially invited to a

Friends of CLWR Appreciation Reception

Saturday, February 11 at two locations:

10 a.m.-12 p.m. at
Walnut Grove Lutheran Church
20530 88th Avenue
Langley, BC

*Presentation by Tom Brook, CLWR
Community Relations Director - 11 a.m.*

2-4 p.m. at
Mount Zion Lutheran Church
930 Cumberland St.
New Westminster, BC

*Presentation by Tom Brook, CLWR
Community Relations Director - 3 p.m.*

Free Admission. Everyone Welcome!

The Parish Care Centre Annual General Meeting will be held next Sunday, February 5 at 12:15 pm on the lower level of the church. All are welcome to attend. For more information, please contact Sandi Strate.

Thank you to Barbara Schaub for this useful tip on baking soda

BAKING SODA

A common household item --- but it can be used for a lot more than cooking! Baking soda is a great cleaner because dirt and grease stains usually contain fatty acids which are neutralized by the baking soda. The neutralized acids break up and can then be dissolved in water or just wiped away.

---a drain cleaner..

*1 cup of soda, 1 cup of salt ,1/2 cup of white vinegar all mixed together then poured down a clogged drain. Leave it for 20 minutes, then pour a kettleful of almost boiling water down the drain and watch it clear.

---a cleaner for your carpets..

*blot up as much grease as possible, then sprinkle soda on the rest. Wait an hour, then vacuum.
*mix soda , corn starch and talcum powder, sprinkle on your rug, leave it for 15 minutes, then vacuum for a nice clean scented rug.

--- a 'sting' soother..

*insect bites can be soothed with a paste made from soda and rubbing alcohol.
* the same works for poison ivy itchiness.

--- a silver shiner..

* line a baking pan with aluminum foil (shiny side up), add your tarnished silver pieces, cover with warm water, add a few spoonfuls of soda and wait ten minutes, and remove your shiny silverware.

--a fire stopper..

*soda will smother your kitchen grease or electrical fire!!
Many commercial fire extinguishers use soda as one of the main ingredients.

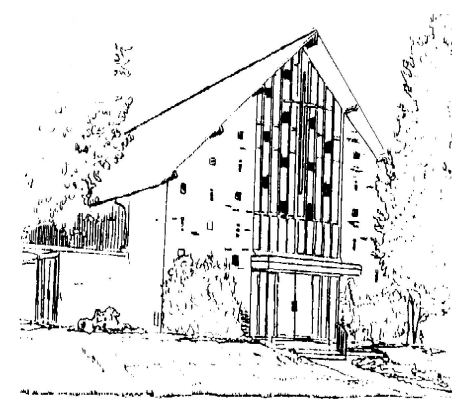
-- a cleaner..

* warm water and soda make your fridge and microwave oven clean and odour free.
* presoak your socks in water and soda. Then wash for really white socks.
* coat the insides of smelly shoes with soda, leave to air overnight, shake out the soda and wear fresh smelling shoes in the morning.
* Your car windshield will repel rain after you wipe it down with some soda on a damp cloth.

First Lutheran Church is a member of the *British Columbia Synod* (one of five regions) which make up the *Evangelical Lutheran Church in Canada (ELCIC)* which in turn belongs to the *Lutheran World Federation* which represents the 80 million Lutherans around the world. For more information on the ministries of the ELCIC (office in Winnipeg, Manitoba), visit its website at www.elcic.ca. For similar information on the BC synod, visit its office in New Westminster or its website at www.bcsynod.org.

Financial support of our congregation's life and mission is provided by the donations of our members given in thankful response to the generosity shown by God in the gifts given to us. Offerings of any amount are gratefully accepted and joyfully spent in our service to Christ and to others.

Have you remembered First Lutheran in your will? Consider how a bequest or gift might continue supporting our mission and ministry.



DIRECTORY

Ministers	God's Baptized People
Pastor	Richard Hergesheimer 604.430.2536
Minister of Music	Jeanette Price 604.251.2656
Office Administrator	Iris Kong 604.456.0476
Caretaker	Peter dela Torre
Altar Guild Coordinator	Janet Schreiber
Liturgical Artist	June Schramm
Church Council	
	Russell Collins - <i>Chairperson</i>
	Sandi Strate - <i>Vice Chair & Human Resources</i>
	Ernie Neumann - <i>Treasurer</i>
	Sylvia Harris - <i>Envelope Secretary</i>
	Julie Bauming - <i>Secretary &</i>
	<i>Fellowship & Hospitality</i>
	Karen Kerfoot - <i>Fellowship & Hospitality</i>
	Ingrid Bielenberg - <i>Fellowship & Hospitality</i>
	Alex Wilson - <i>Property</i>
	Kim Hoath - <i>Property</i>
	Mikhail Lennikov - <i>Outreach</i>
	Karen Duddy - <i>Seniors</i>
	June Heywood - <i>Education</i>